

**Travelwise**  
Northern Ireland

# WOW!



**Freddie and Fiona want to keep you fit and healthy and help protect your environment.**

- **Walk Once a Week**
- **Wheels Once a Week**

Travelwise NI promoting and supporting sustainable transport solutions

**[www.travelwiseni.com](http://www.travelwiseni.com)**



TravelWise NI is an initiative of the Department for Regional Development

Support your school's **WOW!** campaign, leave the car at home and walk or cycle to school.